

Guru Jas Academy

Level II Worksheet, "Suno Benanthi"

Name:

Date:

Level:

Mark the correct answer:

1. Who is the author of the Shabad?

- ☐ (a) G. Nanak Dev ☐ (b) G. Arjun Dev ☐ (c) G. Amardaas ☐ (d) G. Gobind Singh

2. In this Shabad, what does "Benanthi" mean?

- ☐ (a) A type of seva ☐ (b) "jup" or "meditate" ☐ (c) A prayer ☐ (d) none

3. In Line 1, Guru Ji is recognizing Waheguru as "karan karaavanhaare", explain:

4. In this Shabad, Guru Ji is addressing:

- ☐ (a) Everyone ☐ (b) All Gurus ☐ (c) All saints ☐ (d) Himself

5. What is the main message of this Shabad?

6. This Shabad was sung in Raag Sorath:

- ☐ (a) True ☐ (b) False

7. What can we learn from this Shabad?

8. What stood out most to you in this Shabad?