

Guru Jas Academy

Level I Worksheet, "Tohee Mohee"

Name:

Date:

Level:

Mark the correct answer:

1. Who is the author of the Shabad?

- ☐ (a) G. Nanak Dev ☐ (b) B. Naamdev ☐ (c) G. Arjun ☐ (d) B. Ravidas

2. What does the term "tohee/mohee" mean?

- ☐ (a) Day/night ☐ (b) Land/water ☐ (c) You/me ☐ (d) None

3. Is there a difference between Bhagat Ji and Waheguru Ji?

- ☐ (a) Yes ☐ (b) No ☐ (c) Sometimes

4. In this Shabad, what does the term "antarjaamee" mean?

- ☐ (a) Everyone ☐ (b) The kindest of all ☐ (c) the inner-knower ☐ (d) None

5. What is the main message of this Shabad?

6. Bhagat Ji says those who understand Waheguru Ji are very rare, why?

7. What can we learn from this Shabad?

8. What stood out most to you in this Shabad?
