

# Guru Jas Academy

## Level I Worksheet, "Jeevat Jeevat"

Name:

Date:

Level:

Mark the correct answer:

1. Who is the author of the Shabad?

- ☐ (a) G. Nanak Dev      ☐ (b) G. Angad Dev      ☐ (c) G. Arjan Dev      ☐ (d) G. Gobind Singh

2. What does "Jeevat" mean according to Guru Ji?

- ☐ (a) Live longer      ☐ (b) Live forever      ☐ (c) Happy moments      ☐ (d) None

Guru ji mentions "raam rasaayan nith uth peevo" This means:

- ☐ (a) Drink nectar      ☐ (b) Take Guru Ji's name always      ☐ (c) Wake up early      ☐ (d) None

4. In this Shabad, Guru Ji is addressing:

- ☐ (a) Everyone      ☐ (b) All Gurus      ☐ (c) All saints      ☐ (d) Himself

5. What is the main message of this Shabad?

6. In your words, what is "kaljug" and how can we rise above it?

7. What can we learn from this Shabad?

8. What is "saran" and how can we attain it?